



B R E A K F A S T

HALIFAX
CONVENTION
CENTRE

PLATED BREAKFAST



Standard Inclusions

- *Java Blend Coffee Roasters* Coffee & Orange Pekoe Tea

The Nova Scotian | \$34 ^{GF}

- Scrambled *Nova* Eggs with Cheddar Cheese & Blistered Cherry Tomatoes
- *The Pork Shop* Breakfast Sausage
- Smoked Back Bacon
- Roasted Mini Potatoes
- House-made Baked Beans

Breakfast Bowl | \$35 ^{GF}

- Poached *Nova* Egg
- *The Pork Shop* Chicken & Apple Sausage Crumble
- Caramelized Rosemary Roasted Butternut Squash & Quinoa
- House-made Pickled Red Onion
- Kale Pesto Hollandaise

Heart Smart Breakfast | \$27 ^{GF/V}

- Spinach & Herb Egg White Frittata
- Warm Ratatouille with Basil Oil
- Caramelized Sweet & White Potatoes

Overnight Oat & Chia Seed Bowl | \$34 ^{GF/VF}

- *Terra Beata* Cranberry, *Oxford Wild Blueberries*, Apricot, & Cinnamon
- *Acadian Maple* Syrup
- Fresh Fruit, Berries, & Roasted Coconut Sprinkle Topping

✚ Add a basket of 10 assorted breakfast pastries to any breakfast | \$60

NS LOCAL
Suppliers

THE PORK SHOP:

With over two decades offering the finest pork products, you could say these folks have certainly earned the blue ribbon. They supply over 70 products, including the chicken sausage they create just for us.

PICTURED: THE NOVA SCOTIAN

ALL FOOD SELECTIONS HAVE A 25 PERSON MINIMUM ORDER
UNLESS OTHERWISE NOTED. PRICES ARE SUBJECT TO CHANGE.

DF | Dairy-Friendly GF | Gluten-Friendly N | Nuts VF | Vegan-Friendly V | Vegetarian

BREAKFAST BUFFETS

Standard Inclusions

- *Java Blend Coffee Roasters* Coffee & Assorted Teas

The Continental | \$25

- Assorted Juices
- Baked Goods including (1 per person):
 - Sweet & Savory Muffins
 - Turnovers **VG**
 - Mini Loaves
 - Sweet & Savory Scones
 - Roasted Pepper Cornbread **V**
- Yogurt
- Sliced Seasonal Fruit & Berries **GF/VF**

Get Up & Go | \$37

Choose one:

- Breakfast Sandwich with Bacon, Egg & *That Dutchman's Cheese* Gouda Cheese
- Breakfast Sandwich with Spinach & Grilled Vegetables, Egg, & Herb Havarti Cheese **V**

Served with:

- *Acadian Maple* Blueberry Granola Bars **GF/VF**
- Mini Muffins **V**
- Fruit Kabob **GF/VF**

Healthy Home Run | \$36

Choose one:

- Spinach Egg White Frittatas with Olive & Sundried Tomato
- Scrambled Eggs with Chives & Aged Cheddar Cheese with Blistered Cherry Tomatoes

Served with:

- Juices
- *Oxford Wild Blueberry* & Banana Smoothie **GF/V**
- Yogurt
- Sliced Seasonal Fruit & Berries **GF/VF**
- *The Pork Shop* Chicken Sausages
- Roasted Mini Potatoes



OXFORD WILD BLUEBERRIES:

Our provincial berry may be small, but it packs big flavour! Over 65 million pounds of wild blueberries are produced annually in Nova Scotia, and once you've tasted them, you'll understand the hype!

NS LOCAL
Suppliers

PICTURED: BLUEBERRY MINI LOAVES

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ENHANCE YOUR BREAKFAST BUFFET WITH THESE ADD-ONS:

Omelet Action Station

(min 50) \$13

Looking to wow your guests? Add an omelet action station to your buffet and let a member of our culinary team craft your omelet to order.

Grains

- *East Coast Bakery* Bagels with Cream Cheese | \$6 v
- *East Coast Bakery* Bagels with Cream Cheese & *Comeau Seafood* Cold Smoked Salmon | \$12.5
- Assorted Cereals | \$4.5
- Hot Oatmeal with Dried Fruit & Toasted Almonds | \$8 GF/VF/N
- Breads & Spreads Station with Sliced White & Whole Wheat Breads & Butter with Fruit Preserves | \$4.5
- Buttermilk Pancakes with Nova Scotia Berry Coulis and Maple Syrup | \$8 v

Eggs

- Eggs Benedict with *The Pork Shop* Back Bacon & Resiling Hollandaise on an English Muffin | \$13
- Mini Omelet with Caramelized Onion & Swiss Cheese | \$10
- Hard-boiled *Nova* Egg | \$3

Proteins | \$7 PER

- Pork & Beef Sausages GF
- *The Pork Shop* Pork Sausages GF
- *The Pork Shop* Chicken Sausages
- *The Pork Shop* Back Bacon GF
- Glazed Brown Sugar Ham GF
- Smoked Bacon GF
- Beef Bacon GF

Fruit

- Sliced Fruit & Berry Display | \$11 GF/VF
- Granola Berry Parfait | \$8 v

EGG FARMERS OF NOVA SCOTIA:

A non-profit organization representing the province's 25 registered egg farmers, they provide the highest quality eggs to Nova Scotians, so we can start our mornings—and cakes, and hollandaise sauces, and croissants—right.

NS LOCAL
Suppliers

PICTURED: OMELET ACTION STATION
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