



B R E A K F A S T

HALIFAX  
CONVENTION  
CENTRE

# PLATED BREAKFAST



## Standard Inclusions

- *Java Blend Coffee Roasters* Coffee & Orange Pekoe Tea

## The Nova Scotian | \$34 <sup>GF</sup>

- Scrambled Eggs with Cheddar Cheese topped with Blistered Cherry Tomatoes
- *Meadowbrook Meats* Breakfast Sausage
- Smoked Back Bacon
- Home Fries
- Baked Beans

## Breakfast Bowl | \$35 <sup>GF</sup>

- Poached Egg
- *The Pork Shop* Chicken & Apple Sausage Crumble
- Caramelized Rosemary Roasted Butternut Squash & Quinoa
- Kale Pesto Hollandaise

## Heart Smart Breakfast | \$27 <sup>GF/VF</sup>

- Spinach & Herb Egg White Frittata
- Warm Ratatouille with Basil Oil
- Caramelized Sweet Potatoes

## Overnight Oat Bowl | \$34 <sup>GF/VF</sup>

- *Terra Beata* Cranberry, *Oxford Wild Blueberries*, & Apricot Overnight Oats topped with:
  - Cinnamon
  - Fruit & Berries
  - Roasted Coconut

⊕ Add a basket of 10 assorted breakfast pastries to any breakfast | \$60

**NS LOCAL**  
Suppliers

### THE PORK SHOP:

With over two decades offering the finest pork products, you could say these folks have certainly earned the blue ribbon. They supply over 70 products, including the chicken sausage they create just for us.

PICTURED: THE NOVA SCOTIAN  
ALL FOOD SELECTIONS HAVE A 25 PERSON MINIMUM ORDER  
UNLESS OTHERWISE NOTED. PRICES ARE SUBJECT TO CHANGE.

DF | Dairy-Friendly GF | Gluten-Friendly N | Nuts VF | Vegan-Friendly V | Vegetarian

# BREAKFAST BUFFETS

## Standard Inclusions

- *Java Blend Coffee Roasters* Coffee & Assorted Teas

## The Continental | \$25

- Assorted Juices & *Farmers Dairy* Milk
- Baked Goods including (1 per person):
  - Sweet & Savory Muffins
  - Turnovers **VG**
  - Mini Loaves
  - Sweet & Savory Scones
  - Roasted Pepper Cornbread **V**
- Yogurt
- Sliced Seasonal Fruit & Berries **GF/VF**

## Get Up & Go | \$37

Choose one:

- Breakfast Sandwich with Bacon, Egg & *That Dutchman's Cheese* Gouda Cheese
- Breakfast Sandwich with Spinach & Grilled Vegetables, Egg, & Herb Havarti Cheese **V**

Served with:

- *Acadian Maple* Blueberry Granola Bars **GF/VF**
- Mini Muffins **V**
- Fruit Kabob **GF/VF**

## Healthy Home Run | \$36

Choose one:

- Spinach Egg White Frittatas with Olive & Sundried Tomato
- Scrambled Eggs with Chives & Aged Cheddar Cheese with Blistered Cherry Tomatoes

Served with:

- Juices
- *Oxford Wild Blueberry* & Banana Smoothie **GF/V**
- Yogurt
- Sliced Seasonal Fruit & Berries **GF/VF**
- *The Pork Shop* Chicken Sausages
- Roasted Mini Potatoes



**NS LOCAL**  
Suppliers

### OXFORD WILD BLUEBERRIES:

Our provincial berry may be small, but it packs big flavour! Over 65 million pounds of wild blueberries are produced annually in Nova Scotia, and once you've tasted them, you'll understand the hype!

PICTURED: BLUEBERRY MINI LOAVES  
ALL FOOD SELECTIONS HAVE A 25 PERSON MINIMUM ORDER  
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# ENHANCE YOUR BREAKFAST BUFFET WITH THESE ADD-ONS:

## Omelet Action Station

(min 50) \$13

Looking to wow your guests? Add an omelet action station to your buffet and let a member of our culinary team craft your omelet to order.

## Grains

- *East Coast Bakery* Bagels with Cream Cheese | \$6 v
- *East Coast Bakery* Bagels with Cream Cheese & *Comeau Seafood* Cold Smoked Salmon | \$12.5
- Assorted Cereals | \$4.5
- Hot Oatmeal with Dried Fruit & Toasted Almonds | \$8 GF/VF/N
- Breads & Spreads Station with Sliced White & Whole Wheat Breads & Butter with Fruit Preserves | \$4.5

## Eggs

- Eggs Benedict with Back Bacon & Riesling Hollandaise on English Muffins | \$13
- Mini Omelet with Caramelized Onion & Swiss Cheese | \$10
- Hard-boiled Egg | \$3

## Proteins | \$7 PER

- Pork & Beef Sausages GF
- *Meadowbrook Meats* Pork Sausages GF
- *The Pork Shop* Chicken Sausages
- *Meadowbrook Meats* Back Bacon GF
- Glazed Brown Sugar Ham GF
- Smoked Bacon GF
- Beef Bacon GF

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Suppliers

### EGG FARMERS OF NOVA SCOTIA:

A non-profit organization representing the province's 25 registered egg farmers, they provide the highest quality eggs to Nova Scotians, so we can start our mornings—and cakes, and hollandaise sauces, and croissants—right.

PICTURED: OMELET ACTION STATION

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